

Times are approximate. Please listen for announcements of any changes

Track			
	Start	Event	Age group
T01	n/a	75m H	U13B
T02	18:10	70m H	U13G
T03	18:20	600m	U11G
T04	18:30	100m	U13G
T05	18:40	75m	U11G
T06	18:50	800m	U13G
T07	19:05	150m	U11G
T0	19:20	200m	U13G
T09	19:30	100m	U13B
T10	19:35	75m	U11B
T11	19:45	600m	U11B
T12	20:00	800m	U13B
T13	20:10	150m	U11B
T14	20:20	200m	U13B
Report to event 10 mins before start time			

Field			
	Start	Event	Age group
F01	18:15	Long Jump	U11B
F02	18:35	Shot	U13B
F03	19:00	Long Jump	U13B
F04	19:10	Shot	U11B
F05	19:35	Long Jump	U13G
F06	19:35	Shot	U11G
F07	20:05	Shot	U13G
F08	20:10	Long Jump	U11G
Report for warm-up / practice 15 mins before start time			