

| Place | Bib | Time | Club | First Name | Second Name | Category |
|-------|-----|-------|---------------------------------------|-------------|-----------------|----------|
| 1 | 23 | 26:07 | Barnsley AC | Scott | Hinchcliffe | MV35 |
| 2 | 204 | 26:32 | Penistone Footpath R | Kai | Sunman | MS |
| 3 | 476 | 27:17 | Hillsborough and Rivelin Running Club | Joe | Sweetnam-Powell | MS |
| 4 | 105 | 27:43 | Doncaster AC | Lee | Varley | MV35 |
| 5 | 109 | 27:46 | Doncaster AC | Lee | Davies | MV35 |
| 6 | 531 | 27:59 | Hallamshire Harriers | Philippa | Williams | FS |
| 7 | 388 | 27:59 | Hillsborough and Rivelin Running Club | Daniel | Smith | MS |
| 8 | 99 | 28:28 | Doncaster AC | Peter | Badger | MV45 |
| 9 | 299 | 29:00 | Sheffield RC | Stuart | Scott | MV40 |
| 10 | 206 | 29:02 | Penistone Footpath R | Andrew | Heppenstall | MV40 |
| 11 | 475 | 29:06 | Hillsborough and Rivelin Running Club | Jimmie | Stuart | MS |
| 12 | 382 | 29:11 | Steel City Striders | Liam | Brennan | MV35 |
| 13 | 100 | 29:15 | Doncaster AC | Sam | Lockwood | MS |
| 14 | 71 | 29:18 | Danum Harriers RC | Andy | Teasdale* | MS |
| 15 | 486 | 29:36 | Hillsborough and Rivelin Running Club | Matt | Noble | MS |
| 16 | 532 | 29:38 | Hillsborough and Rivelin Running Club | Rory | Follin | MS |
| 17 | 496 | 29:40 | Hillsborough and Rivelin Running Club | Peter | Boden | MS |
| 18 | 516 | 29:42 | Dronfield Running Club | Matthew | Payne | MV35 |
| 19 | 32 | 29:44 | Barnsley Harriers | Richard | Spooner | MV35 |
| 20 | 451 | 29:48 | Hillsborough and Rivelin Running Club | Ben | Burrell | MV35 |
| 21 | 534 | 29:50 | Hillsborough and Rivelin Running Club | Tom | Hemington | MV40 |
| 22 | 219 | 30:00 | Penistone Footpath R | Lee | Nash | MV35 |
| 23 | 57 | 30:09 | Barnsley Harriers | David | Thompson | MV45 |
| 24 | 474 | 30:20 | Hillsborough and Rivelin Running Club | Jenny | Cartmell | FS |
| 25 | 459 | 30:31 | Hillsborough and Rivelin Running Club | David | Palmer | MV50 |
| 26 | 281 | 30:33 | Sheffield RC | Christopher | Moss | MV35 |
| 27 | 205 | 30:38 | Penistone Footpath R | Jonathan | Bentley | MV55 |
| 28 | 304 | 30:40 | Sheffield RC | Stephen | Dawson | MS |
| 29 | 469 | 30:41 | Hillsborough and Rivelin Running Club | James | Weber | MS |
| 30 | 213 | 30:48 | Penistone Footpath R | Rob | Lees | MV45 |
| 31 | 334 | 30:50 | Steel City Striders | Caroline | Brock | FV35 |
| 32 | 401 | 30:56 | Totley AC | Aidan | Linskill | MV40 |
| 33 | 327 | 31:02 | Steel City Striders | Chris | Ireland | MV60 |
| 34 | 484 | 31:04 | Hillsborough and Rivelin Running Club | Mark | Lawton | MV40 |
| 35 | 473 | 31:06 | Hillsborough and Rivelin Running Club | Jamie | Millbank | MS |
| 36 | 48 | 31:07 | Barnsley Harriers | Gus | Thomson | MV35 |
| 37 | 231 | 31:10 | Rotherham Harriers & AC | Steve | Marshall | MV50 |
| 38 | 393 | 31:17 | Totley AC | Laura | Allen | FV40 |
| 39 | 102 | 31:23 | Doncaster AC | Andy | Constantine | MV50 |
| 40 | 106 | 31:23 | Doncaster AC | Joe | Wade | MV35 |
| 41 | 545 | 31:31 | Hillsborough and Rivelin Running Club | Leanne | Lacey | FS |
| 42 | 14 | 31:36 | Barnsley AC | Lydia | Race | FV35 |
| 43 | 390 | 31:40 | Team Manvers | Liam | Meggitt | MV40 |
| 44 | 487 | 31:52 | Hillsborough and Rivelin Running Club | Michael | Ashworth | MV50 |
| 45 | 92 | 31:55 | Doncaster AC | Martin | James | MV45 |
| 46 | 597 | 32:00 | Askern DRC | Jody | Murray | MV40 |

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| 47 | 25 | 32:04 |
| 48 | 283 | 32:09 |
| 49 | 170 | 32:12 |
| 50 | 158 | 32:13 |
| 51 | 412 | 32:20 |
| 52 | 485 | 32:21 |
| 53 | 264 | 32:22 |
| 54 | 342 | 32:23 |
| 55 | 446 | 32:26 |
| 56 | 20 | 32:30 |
| 57 | 345 | 32:30 |
| 58 | 270 | 32:33 |
| 59 | 34 | 32:38 |
| 60 | 483 | 32:40 |
| 61 | 537 | 32:41 |
| 62 | 454 | 32:44 |
| 63 | 448 | 32:44 |
| 64 | 599 | 32:46 |
| 65 | 18 | 32:52 |
| 66 | 318 | 32:53 |
| 67 | 21 | 32:55 |
| 68 | 392 | 32:57 |
| 69 | 53 | 32:57 |
| 70 | 117 | 32:58 |
| 71 | 533 | 32:58 |
| 72 | 356 | 32:58 |
| 73 | 504 | 33:04 |
| 74 | 398 | 33:08 |
| 75 | 139 | 33:09 |
| 76 | 19 | 33:11 |
| 77 | 30 | 33:12 |
| 78 | 544 | 33:14 |
| 79 | 369 | 33:15 |
| 80 | 384 | 33:16 |
| 81 | 480 | 33:19 |
| 82 | 381 | 33:19 |
| 83 | 352 | 33:25 |
| 84 | 13 | 33:27 |
| 85 | 355 | 33:28 |
| 86 | 418 | 33:30 |
| 87 | 188 | 33:31 |
| 88 | 12 | 33:34 |
| 89 | 458 | 33:41 |
| 90 | 510 | 33:54 |
| 91 | 107 | 33:57 |
| 92 | 403 | 33:59 |
| 93 | 477 | 34:00 |

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| Barnsley AC | Ryan | Copley | MV35 |
| Sheffield RC | Dean | Furniss | MV55 |
| Kimberworth Striders | Tom | Hardman | MS |
| Kimberworth Striders | Kevin | Doyle | MV45 |
| Totley AC | Edward | Goodison | MS |
| Hillsborough and Rivelin Running Club | Mark | Riordan | MV45 |
| Rotherham Running Club | Lee | Dodds | MV40 |
| Steel City Striders | Andrew | Mansfield | MV40 |
| Hillsborough and Rivelin Running Club | Alex | Jenkinson | MS |
| Barnsley AC | Chris | McNicholas | MV60 |
| Steel City Striders | Joshua | Chapman | MS |
| Rotherham Running Club | Gavin | Edley | MV45 |
| Barnsley Harriers | Richard | Singleton | MV40 |
| Hillsborough and Rivelin Running Club | Mark | Prince | MV35 |
| Hillsborough and Rivelin Running Club | Andrew | Moore | MV35 |
| Hillsborough and Rivelin Running Club | Chris | Parkes Bowen | MS |
| Hillsborough and Rivelin Running Club | Andrew | Davies | MV55 |
| Team Manvers | Peter | Hague | MV50 |
| Barnsley AC | Gareth | Cooke | MS |
| Sheffield Triathlon C | Glen | Mailer | MV35 |
| Barnsley AC | Alan | Nutton | MV40 |
| Totley AC | Jen | Applegate | FV35 |
| Barnsley Harriers | David | Hanks | MV40 |
| Doncaster Triathlon C | gary | jones | MV40 |
| Hillsborough and Rivelin Running Club | Ben | Smith | MV40 |
| Steel City Striders | Ben | Elliott | MV40 |
| Hillsborough and Rivelin Running Club | Steve | Smith | MV50 |
| Totley AC | Sarah | Harrison | FV45 |
| Handsworth Roadhogs | andy | robinson | MV35 |
| Barnsley AC | Naomi | Drakeford | FS |
| Barnsley AC | Richard | Harrison | MV50 |
| Hillsborough and Rivelin Running Club | Phoebe | Bramley | FS |
| Steel City Striders | Yasmine | Chaffer | FS |
| Team Manvers | Rebecca | Parkin | FS |
| Hillsborough and Rivelin Running Club | Kenny | Hunter | MV50 |
| Steel City Striders | Sarah | Thorne | FS |
| Steel City Striders | Ben | Stittle | MV35 |
| Barnsley AC | Mark | Wood | MV45 |
| Steel City Striders | Al | Cook | MV50 |
| Totley AC | james | bunting | MS |
| Kingstone RC | James | Charlesworth | MV40 |
| Barnsley AC | Vicky | Shaw | FV40 |
| Hillsborough and Rivelin Running Club | Danny | MacRorie | MS |
| Dronfield Running Club | Collette | Gains | FV35 |
| Doncaster AC | Chris | Campbell | MV35 |
| Totley AC | Robert | Owen | MV55 |
| Hillsborough and Rivelin Running Club | Joe | Hibbert | MV35 |

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| 94 | 142 | 34:00 |
| 95 | 371 | 34:06 |
| 96 | 495 | 34:10 |
| 97 | 332 | 34:15 |
| 98 | 335 | 34:18 |
| 99 | 452 | 34:23 |
| 100 | 440 | 34:27 |
| 101 | 359 | 34:29 |
| 102 | 329 | 34:32 |
| 103 | 391 | 34:33 |
| 104 | 317 | 34:36 |
| 105 | 103 | 34:37 |
| 106 | 535 | 34:39 |
| 107 | 354 | 34:43 |
| 108 | 95 | 34:44 |
| 109 | 132 | 34:54 |
| 110 | 112 | 34:56 |
| 111 | 178 | 35:05 |
| 112 | 189 | 35:10 |
| 113 | 282 | 35:11 |
| 114 | 348 | 35:12 |
| 115 | 406 | 35:14 |
| 116 | 491 | 35:20 |
| 117 | 2 | 35:28 |
| 118 | 72 | 35:34 |
| 119 | 222 | 35:40 |
| 120 | 407 | 35:46 |
| 121 | 297 | 35:51 |
| 122 | 505 | 35:51 |
| 123 | 447 | 35:53 |
| 124 | 368 | 35:55 |
| 125 | 56 | 36:05 |
| 126 | 93 | 36:06 |
| 127 | 153 | 36:09 |
| 128 | 113 | 36:11 |
| 129 | 525 | 36:12 |
| 130 | 521 | 36:13 |
| 131 | 7 | 36:18 |
| 132 | 118 | 36:28 |
| 133 | 333 | 36:30 |
| 134 | 8 | 36:35 |
| 135 | 161 | 36:40 |
| 136 | 10 | 36:45 |
| 137 | 47 | 36:49 |
| 138 | 360 | 36:50 |
| 139 | 291 | 36:51 |
| 140 | 515 | 36:53 |

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| Handsworth Roadhogs | steve | riley | MV50 |
| Steel City Striders | Malcolm | Baggaley | MV40 |
| Hillsborough and Rivelin Running Club | Pete | Waldock | MS |
| Steel City Striders | John | Lea-Wilson | MS |
| Steel City Striders | Jed | Turner | MV60 |
| Hillsborough and Rivelin Running Club | cal | lloyd | FV45 |
| Valley Hill R | Jonathan | Briggs | MV45 |
| Steel City Striders | Paddy | Treehowes | MV55 |
| Steel City Striders | Adam | McAuley | MV50 |
| Totley AC | Caz | Kay | FV40 |
| Sheffield Triathlon C | Nick | Tripp | MV60 |
| Doncaster AC | Paul | Bond | MV60 |
| Hillsborough and Rivelin Running Club | Lee | Baggely | MV40 |
| Steel City Striders | Nick | Burns | MV50 |
| Doncaster AC | Marie Louise | Taylor | FV45 |
| Handsworth Roadhogs | iain | kellam | MV50 |
| Doncaster Triathlon C | Harry | Samson | MS |
| Kimberworth Striders | Christopher | Keeler | MV35 |
| Kingstone RC | Tim | Webster | MV50 |
| Sheffield RC | Richard | Ward | MV35 |
| Steel City Striders | Emily | Green | FS |
| Totley AC | Paul | Grayson | MV50 |
| Hillsborough and Rivelin Running Club | Nick | Hails | MV45 |
| Askern DRC | Keith | Bertie | MV55 |
| Danum Harriers RC | Chris | Moult* | MV40 |
| Penistone Footpath R | Lawcock | John | MV55 |
| Totley AC | Sophie | Middleton | FS |
| Sheffield RC | Robert | Pearson | MV65 |
| Hillsborough and Rivelin Running Club | Thomas | Lawcock | MS |
| Hillsborough and Rivelin Running Club | Amy | Wilks | FS |
| Steel City Striders | Justin | Synan | MV40 |
| Barnsley Harriers | Katie | Roberts | FV40 |
| Doncaster AC | Pete | Wade | MV65 |
| Kimberworth Striders | Joanne | Rooney | FV55 |
| Doncaster Triathlon C | Lucy | Brown | FS |
| Hillsborough and Rivelin Running Club | Steve | Clarke | MV40 |
| Dronfield Running Club | James | Broomhead | MV40 |
| Askern DRC | Andrew | Goodair | MV50 |
| Doncaster Triathlon C | liam | bridge | MS |
| Steel City Striders | Ellen | Broad | FS |
| Askern DRC | Daniel | O'Grady | MV50 |
| Kimberworth Striders | Natalie | Sheldon | FS |
| Askern DRC | Stan | Williams | MV65 |
| Barnsley Harriers | Neil | Armitage | MV40 |
| Steel City Striders | Claire | Wren | FV35 |
| Sheffield RC | David | Higginbottom | MV55 |
| Dronfield Running Club | Andy | Lock | MV45 |

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| 141 | 467 | 36:54 |
| 142 | 168 | 37:00 |
| 143 | 288 | 37:03 |
| 144 | 341 | 37:11 |
| 145 | 437 | 37:14 |
| 146 | 512 | 37:20 |
| 147 | 131 | 37:21 |
| 148 | 94 | 37:22 |
| 149 | 455 | 37:27 |
| 150 | 303 | 37:29 |
| 151 | 177 | 37:42 |
| 152 | 176 | 37:46 |
| 153 | 98 | 37:46 |
| 154 | 464 | 37:48 |
| 155 | 115 | 37:49 |
| 156 | 503 | 37:50 |
| 157 | 460 | 37:50 |
| 158 | 203 | 37:50 |
| 159 | 514 | 37:53 |
| 160 | 289 | 37:54 |
| 161 | 524 | 37:57 |
| 162 | 133 | 37:57 |
| 163 | 416 | 38:03 |
| 164 | 377 | 38:05 |
| 165 | 162 | 38:09 |
| 166 | 279 | 38:11 |
| 167 | 225 | 38:12 |
| 168 | 450 | 38:14 |
| 169 | 51 | 38:16 |
| 170 | 346 | 38:18 |
| 171 | 15 | 38:33 |
| 172 | 397 | 38:40 |
| 173 | 431 | 38:44 |
| 174 | 326 | 38:49 |
| 175 | 361 | 38:52 |
| 176 | 394 | 38:59 |
| 177 | 399 | 39:00 |
| 178 | 470 | 39:02 |
| 179 | 550 | 39:04 |
| 180 | 171 | 39:06 |
| 181 | 379 | 39:07 |
| 182 | 226 | 39:22 |
| 183 | 526 | 39:29 |
| 184 | 212 | 39:29 |
| 185 | 257 | 39:31 |
| 186 | 276 | 39:35 |
| 187 | 169 | 39:36 |

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| Hillsborough and Rivelin Running Club | Hannah | Butcher | FS |
| Kimberworth Striders | Brian | Miranda | MV55 |
| Sheffield RC | Nick | Watson | MV50 |
| Steel City Striders | Steve | Blake | MV45 |
| Valley Hill R | Tom | Brockwell | MV40 |
| Dronfield Running Club | Lucy | Taylor | FV35 |
| Handsworth Roadhogs | tony | weightman | MV65 |
| Doncaster AC | Simon | Parkin | MV50 |
| Hillsborough and Rivelin Running Club | Chris | Morton | MV55 |
| Sheffield RC | Elizabeth | Wood | FS |
| Kimberworth Striders | Frances | Coughlan | FS |
| Kimberworth Striders | Olivia | Taylor | FS |
| Doncaster AC | Caroline | Wheelhouse | FV65 |
| Hillsborough and Rivelin Running Club | Fran | Allen | FV40 |
| Doncaster Triathlon C | steve | kitchman | MV55 |
| Hillsborough and Rivelin Running Club | sophie | reale | FS |
| Hillsborough and Rivelin Running Club | David | thompson | MS |
| Penistone Footpath R | Dan | Cooper | MV50 |
| Dronfield Running Club | Eleanor | Rose | FS |
| Sheffield RC | Andrew | Pickard | MV35 |
| Hillsborough and Rivelin Running Club | Andy | Kinsella | MV50 |
| Handsworth Roadhogs | christian | hopkins | MV50 |
| Totley AC | David | Haire | MV45 |
| Steel City Striders | Paul | Bentley | MV65 |
| Kimberworth Striders | Lee | Weatherall | MV50 |
| Sheffield RC | Paul | McWhirter | MV35 |
| Penistone Footpath R | Hannah | Shaw | FS |
| Hillsborough and Rivelin Running Club | Becky | Fowler | FS |
| Barnsley Harriers | Martin | Swift | MV50 |
| Steel City Striders | Brian | Jenkins | MV50 |
| Barnsley AC | Gemma | Thickett | FS |
| Totley AC | Christopher | Heggs | MV45 |
| Valley Hill R | Jayne | Grayson | FV50 |
| Steel City Striders | Jamie | Smith | MS |
| Steel City Striders | Helen | Royles-Jones | FS |
| Totley AC | Penny | Sadler | FV50 |
| Totley AC | stephen | pope | MV55 |
| Hillsborough and Rivelin Running Club | James | Ellwood | MV45 |
| Rotherham Running Club | James | Gallacher | MV35 |
| Kimberworth Striders | Adrian | Holyhead | MV55 |
| Steel City Striders | Caroline | Greenhough | FV50 |
| Penistone Footpath R | Ashley | Howlett | MS |
| Hillsborough and Rivelin Running Club | Amy | Clarke | FV40 |
| Penistone Footpath R | Stuart | Woodhead | MV65 |
| Rotherham Running Club | Honour | Hamshaw | FS |
| Sheffield RC | Ash | Evans | FS |
| Kimberworth Striders | David | Stocks | MV35 |

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| 188 | 482 | 39:37 |
| 189 | 443 | 39:40 |
| 190 | 415 | 39:45 |
| 191 | 363 | 39:48 |
| 192 | 1 | 39:51 |
| 193 | 339 | 39:56 |
| 194 | 223 | 40:03 |
| 195 | 402 | 40:10 |
| 196 | 541 | 40:14 |
| 197 | 157 | 40:15 |
| 198 | 507 | 40:32 |
| 199 | 365 | 40:39 |
| 200 | 298 | 40:39 |
| 201 | 3 | 40:41 |
| 202 | 367 | 40:43 |
| 203 | 151 | 40:45 |
| 204 | 154 | 40:47 |
| 205 | 80 | 40:50 |
| 206 | 439 | 41:02 |
| 207 | 182 | 41:03 |
| 208 | 155 | 41:03 |
| 209 | 400 | 41:06 |
| 210 | 336 | 41:13 |
| 211 | 172 | 41:20 |
| 212 | 441 | 41:23 |
| 213 | 272 | 41:24 |
| 214 | 267 | 41:31 |
| 215 | 58 | 41:38 |
| 216 | 44 | 41:51 |
| 217 | 211 | 41:52 |
| 218 | 509 | 41:52 |
| 219 | 11 | 41:53 |
| 220 | 273 | 42:14 |
| 221 | 519 | 42:28 |
| 222 | 353 | 42:31 |
| 223 | 108 | 42:37 |
| 224 | 27 | 42:40 |
| 225 | 140 | 42:41 |
| 226 | 218 | 42:42 |
| 227 | 278 | 42:44 |
| 228 | 494 | 42:50 |
| 229 | 255 | 42:53 |
| 230 | 55 | 43:01 |
| 231 | 389 | 43:01 |
| 232 | 33 | 43:05 |
| 233 | 141 | 43:19 |
| 234 | 138 | 43:19 |

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| Hillsborough and Rivelin Running Club | Lucy | Wood | FS |
| Valley Hill R | Richard | Borysiewicz | MV70 |
| Totley AC | Lucy | Smith | FV40 |
| Steel City Striders | Kevin | Wong | MV45 |
| Askern DRC | Paul | Collingwood | MV50 |
| Steel City Striders | Roger | Walters | MV55 |
| Penistone Footpath R | Wright | Valentina | FV50 |
| Totley AC | Helen | Raynes | FV40 |
| Hillsborough and Rivelin Running Club | Kim | Bateman | FS |
| Kimberworth Striders | Alan | France | MV55 |
| Dronfield Running Club | Aimee | Carrack | FS |
| Steel City Striders | Tom | Nuttgens | MV55 |
| Sheffield RC | Jessica | Rowan | FS |
| Askern DRC | Ashley | Young | FS |
| Steel City Striders | Charlotte | Allen | FS |
| Kimberworth Striders | Lauren | Corcoran | FV40 |
| Kimberworth Striders | Patrick | Rooney | MV65 |
| Danum Harriers RC | Gemma | Scougal* | FV35 |
| Valley Hill R | Luke | Evans | MS |
| Kingstone RC | Janette | Jackson | FV50 |
| Kimberworth Striders | Rebecca | Larkin | FS |
| Totley AC | Pat | Goodall | FV65 |
| Steel City Striders | Karen | Clark | FV55 |
| Kimberworth Striders | Jonathan | Griffin | MV35 |
| Valley Hill R | Kevin | Randall | MV40 |
| Rother Valley Swallows | John | Pashley | MV50 |
| Rotherham Running Club | Dave | Allembly | MV65 |
| Barnsley Harriers | Andy | Davis | MV50 |
| Barnsley Harriers | Kelly | Ford | FV35 |
| Penistone Footpath R | Julie | Button | FV50 |
| Dronfield Running Club | Julie | Birtles | FV60 |
| Barnsley AC | Faye | Lund | FV45 |
| Rother Valley Swallows | Gill | Freer | FV60 |
| Dronfield Running Club | Phil | Howson | MV50 |
| Steel City Striders | Mike | Heselton | MV55 |
| Doncaster AC | Laura | Lewis | FV40 |
| Barnsley AC | Ian | Copley | MV60 |
| Handsworth Roadhogs | andy | horsfall | MV35 |
| Penistone Footpath R | Keith | Gordon | MV70 |
| Sheffield RC | Emma | Raine | FS |
| Hillsborough and Rivelin Running Club | Oliver | Eagle | MS |
| Rotherham Running Club | Louise | Siddall | FV50 |
| Barnsley Harriers | David | Brookes | MV65 |
| Team Manvers | Michelle | Ward | FV45 |
| Barnsley Harriers | Emma | Jones | FV35 |
| Handsworth Roadhogs | nicola | bates | FV50 |
| Handsworth Roadhogs | mick | waring | MV50 |

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| 235 | 6 | 43:27 |
| 236 | 287 | 43:32 |
| 237 | 43 | 43:44 |
| 238 | 539 | 43:47 |
| 239 | 184 | 43:48 |
| 240 | 386 | 43:58 |
| 241 | 40 | 43:59 |
| 242 | 110 | 44:04 |
| 243 | 551 | 44:10 |
| 244 | 232 | 44:11 |
| 245 | 536 | 44:15 |
| 246 | 518 | 44:34 |
| 247 | 552 | 44:38 |
| 248 | 152 | 44:49 |
| 249 | 343 | 44:50 |
| 250 | 417 | 44:51 |
| 251 | 466 | 44:58 |
| 252 | 414 | 45:25 |
| 253 | 9 | 45:25 |
| 254 | 435 | 45:31 |
| 255 | 144 | 45:33 |
| 256 | 50 | 45:37 |
| 257 | 49 | 45:38 |
| 258 | 277 | 45:38 |
| 259 | 370 | 45:45 |
| 260 | 338 | 45:52 |
| 261 | 555 | 46:22 |
| 262 | 233 | 46:45 |
| 263 | 337 | 46:47 |
| 264 | 508 | 46:58 |
| 265 | 445 | 47:14 |
| 266 | 444 | 47:30 |
| 267 | 96 | 47:42 |
| 268 | 24 | 47:55 |
| 269 | 349 | 47:57 |
| 270 | 330 | 48:03 |
| 271 | 54 | 48:25 |
| 272 | 160 | 48:29 |
| 273 | 167 | 48:38 |
| 274 | 404 | 48:42 |
| 275 | 499 | 48:45 |
| 276 | 553 | 49:01 |
| 277 | 111 | 49:15 |
| 278 | 91 | 49:24 |
| 279 | 146 | 50:18 |
| 280 | 165 | 50:44 |
| 281 | 256 | 50:56 |

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|---------------------------------------|-----------|----------------|------|
| Askern DRC | Graham | Werrett | MV65 |
| Sheffield RC | Alan | Pickard | MV65 |
| Barnsley Harriers | David | Howes | MV40 |
| Hillsborough and Rivelin Running Club | Andrew | Woffindin | MV55 |
| Kingstone RC | Ian | Wilkinson | MV45 |
| Team Manvers | Teresa | Hubery | FV40 |
| Barnsley Harriers | Emma | Moorhouse | FV35 |
| Doncaster AC | Sophie | James | FS |
| Rotherham Running Club | Joanne | Rayner-Johnson | FV50 |
| Rotherham Harriers & AC | Sian | Dickinson | FV40 |
| Hillsborough and Rivelin Running Club | Loz | Harvey | MV45 |
| Dronfield Running Club | Zoe | Astridge | FV50 |
| Rotherham Running Club | Leanne | Race | FV50 |
| Kimberworth Striders | Tina | Medlock | FV45 |
| Steel City Striders | Clive | Downing | MV60 |
| Totley AC | Nadia | Raza | FV40 |
| Hillsborough and Rivelin Running Club | Gillian | Burgon | FV35 |
| Totley AC | YVONNE | Twelvetree | FV70 |
| Askern DRC | Katherine | Wordsworth | FV45 |
| Valley Hill R | David | Steer | MV65 |
| Handsworth Roadhogs | adam | lenton | MV50 |
| Barnsley Harriers | Julie | Riding | FV55 |
| Barnsley Harriers | Helen | Andrews | FV55 |
| Sheffield RC | Charlotte | Mosley | FS |
| Steel City Striders | Carl | Hill | MV65 |
| Steel City Striders | Simon | Gleadhall | MV55 |
| Rotherham Running Club | Nadine | Allott | FV45 |
| Rotherham Harriers & AC | Becky | Marsden | FS |
| Steel City Striders | John | Walker | MV60 |
| Dronfield Running Club | Emma | Birtles | FV35 |
| Valley Hill R | Ashley | Molloy | MV40 |
| Valley Hill R | Judith | Kippax | FV55 |
| Doncaster AC | Julie | Cull | FV65 |
| Barnsley AC | Raymond | Archer | MV60 |
| Steel City Striders | Jo | Gleig | FV60 |
| Steel City Striders | Vikki | McAuley | FV50 |
| Barnsley Harriers | John | Hewitt | MV75 |
| Kimberworth Striders | Graham | Platts | MV60 |
| Kimberworth Striders | Caroline | Birkenshaw | FV40 |
| Totley AC | Bryony | Hartley | FV45 |
| Hillsborough and Rivelin Running Club | sandie | ireland | FV35 |
| Rotherham Running Club | Stuart | Frith | MV65 |
| Doncaster Triathlon C | Emma | Samson | FV50 |
| Doncaster AC | Bridget | Bouttell | FV55 |
| Handsworth Roadhogs | andrew | lewis | MV55 |
| Kimberworth Striders | Janet | Clark | FV55 |
| Rotherham Running Club | Louise | Taylor | FV50 |

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| 282 | 104 | 51:00 |
| 283 | 217 | 51:10 |
| 284 | 548 | 51:13 |
| 285 | 181 | 51:31 |
| 286 | 16 | 51:37 |
| 287 | 216 | 51:41 |
| 288 | 35 | 51:47 |
| 289 | 137 | 52:58 |
| 290 | 262 | 53:43 |
| 291 | 286 | 55:57 |
| 292 | 190 | 56:08 |
| 293 | 114 | 56:29 |
| 294 | 438 | 57:29 |
| 295 | 434 | 58:12 |
| 296 | 300 | 64:25 |

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|------------------------|-----------|----------------|------|
| Doncaster AC | Caroline | Bond | FV55 |
| Penistone Footpath R | Haigh | Barbara | FV75 |
| Rotherham Running Club | Angela | Wright | FV50 |
| Kingstone RC | Rachel | Yarwood-Murray | FV50 |
| Barnsley AC | Stefen | Radyk | MV35 |
| Penistone Footpath R | Ray | Brown | MV80 |
| Barnsley Harriers | Vikki | Skipper | FV65 |
| Handsworth Roadhogs | tracey | shaw | FV50 |
| Rotherham Running Club | Maria | Toumazou | FS |
| Sheffield RC | Rachel | Neill | FS |
| Kingstone RC | Jill | Johnson | FV55 |
| Doncaster Triathlon C | james | Holloway | MV45 |
| Valley Hill R | Katharine | Lonsborough | FV55 |
| Valley Hill R | Margaret | Steer | FV65 |
| Sheffield RC | Rebecca | Pierce | FV55 |