

SYCAA League 11/10/26
Order & Timing of Events for Norfolk Park Fixture

Event No.	Age Group	Proposed Laps	Approx distance	Time	
1	FU10	1 x Med	1600m	10.40	start
2	MU10	1 x Med	1600m	10.40	start
3	FU12	1 x Small, 1 x Med	2500m	10.50	approx
4	MU12	1 x Small, 1 x Med	2500m	11.00	approx
5	FU14	2 x Med	3100m	11.10	approx
6	MU14	1 x Med, 1 x Large	3500m	11.20	approx
7	FU16	2 x Large	3900m	11.30	approx
8	MU16	1 x Small, 2 x Large	4800m	11.45	approx
9	FU18	1 x Small, 2 x Large	4800m	12.00	start
	FS	3 Large	5800m	12.00	start
	MV65+	3 Large	5800m	12.00	start
10	MU18	3 Large	5800m	12.30	start
	MS	5 Large	9600m	12.30	start

- Races will be started before the conclusion of the preceding events
- The programme of events should be complete by 13.30
- Events 1 and 2 will start together