

Dates and Venues

Unfortunately we have been unable to secure enough volunteers to set up / marshal / break down the course at Winterhill. Therefore, there will only be two Cross Country fixtures in 2026.

As agreed at the August SYCAA Committee meeting, this means there will be NO league competition.

11th October – Norfolk Park, Sheffield

~~25th October – Winterhill, Rotherham~~

22nd November, final League & Champs – Graves Park, Sheffield

Distances and Timings

When applying for event licenses some of the maximum junior distances allowed are different from the EA guidelines issued in April! Our framework for distances shows the amendments in red.

10:40 F & M Under 10s 1500m

10:50 F Under 12s 2000m

11:00 M Under 12s 2000m

11:10 F Under 14s 3000m

11:20 M Under 14s **3500m**

11:30 F Under 16s 4000m

11:45 M Under 16s 5000m

Midday onwards timings as before though the U17s age category is now Under 18s (**F 5000m / M 6500m**)

12:00 F Under 18s & Senior Ladies & MV65

12:30 M Under 18s & Senior Men

NOTE – The fixtures will start 20 minutes earlier to allow for the Junior events to complete before midday.

Cost

Also as per the SYCAA Committee meeting agreement regarding how to proceed with only two fixtures, the price for **REGISTERING a number to a runner remains at £10.**

PLEASE do not register a runner for 11th Oct unless they are definitely able to make the fixture. Add additional registrations for any runners who can only make the champs fixture.

~~A league result requires all three fixtures to be run.~~