

SYCAA Cross Country 2026 League & Champs update June 2026

Dates and Venues

There are only three fixtures for 2026 due to a previously set date no longer being possible and there being no other date available. Also note, the final fixture & Champs is much earlier in the year than usual. Again, due to other factors affecting SYCAA dates. Licenses and council park use authorisation will be applied for soon.

11th October – Norfolk Park, Sheffield

25th October – Winterhill, Rotherham

22nd November, final league & Champs– Graves Park, Sheffield

Distances and Timings

Due to the change in age groups and an additional age group, the Junior runners distances and timings will change. The following is the base framework, start times as shown, the distances are dependant on the finer detail of what the venue course / laps can provide.

10:40	F & M Under 10s	1500m
10:50	F Under 12s	2000m
11:00	M Under 12s	2000m
11:10	F Under 14s	3000m
11:20	M Under 14s	4000m
11:30	F Under 16s	4000m
11:45	M Under 16s	5000m

Midday onwards timings as before though the U17s age category is now Under 18s (distances tba)

12:00 F Under 18s & Senior Ladies & MV65

12:30 M Under 18s & Senior Men

NOTE – The fixtures will start 20 minutes earlier to allow for the Junior events to complete before midday.

Cost

The price for REGISTERING a number to a runner remains at £10.

PLEASE do not register a runner for 11th Oct unless they are definitely able to make the 1st fixture. Add additional registrations prior to each subsequent fixture if a 'new' runner wishes to run in the 2nd and likewise for only the last / champs fixture.

A league result requires all three fixtures to be run.