

## SYCAA CROSS COUNTRY LEAGUE 2024

### Sunday 17<sup>th</sup> November 2024 Penistone Showground, Penistone

#### Location of Venue

Penistone Showground is situated at the back of the Tesco store in Penistone.

#### How to Get There

From J37 on the M1 take the A628 (signposted Manchester). On reaching Penistone traffic lights – The Bridge pub is in front of you - turn L up towards the town centre.

Trains run to Penistone from Sheffield and Barnsley every two hours on a Sunday.

#### Parking

Parking on the roads around the showground and a small car park down next to The Paramount cinema. **Please take care not to restrict access for residents. Please do not park in Tesco's car park.**

#### Refreshments

There are cafes in Penistone, some of which will be open.

The Tesco store itself does not have a cafe.

#### Toilets

There will be 4 portable toilets on the Showground close to the start/finish area. There are also toilets in the Community Centre where the presentations will take place.

#### About the courses

All the courses are on grass except for a small section of track up towards the cemetery,. The grass is likely to be mostly fairly short, with one or two areas of longer grass in the far reaches of the course around points E and G on the map. Unusually for Penistone the hills are short and not over steep.

#### Other important information

You must wear your club vest for racing and have the correct number pinned to the front. If you do not have these then you will be disqualified from the race and not appear in the results

You must not wear headphones or devices that allow you to listen to music as you need to be able to hear the instructions of marshals and other users of the area

If a junior drops out of the race then they need to report to the finish area to inform officials