

SOUTH YORKSHIRE CROSS COUNTRY LEAGUE 17/11/2024 - PENISTONE SHOW GROUND

Event No	Event	Start Time	Start Point	Route	Description	Distance m
1	U/11 Girls	11,00	S1	S1-B-G-H-J-C-Z-Y (x1)	1 Medium Lap	1500
2	U/11 Boys	11,05	S1	S1-B-G-H-J-C-Z-Y (x1)	1 Medium Lap	1500
3	U/13 Girls	11,10	S1	S1-B-G-H-J-C-Z-X (x1) X-A-S1-B-G-H-J-C-Z-Y (x1)	2 Medium Lap	3100
4	U/13 Boys	11,20	S1	S1-B-C-Z-X-A-S1 (x1) S1-B-G-H-J-C-Z-X (x1) X-A-S1-B-G-H-J-C-Z-Y (x1)	1 Small Lap 2 Medium Laps	3600
5	U/15 Girls	11,35	S1	S1-B-G-H-J-C-Z-X (x1) X-A-S1-B-G-H-J-C-Z-Y (x1)	2 Medium Lap	3100
6	U/15 Boys	11,45	S1	S1-B-G-H-J-C-Z-X (x1) X-A-D-E-F-G-H-J-C-Z-Y (x1)	1 Medium Lap 1 Large Lap	4000
7	U/17 Women	12,00	S1	S1-B-G-H-J-C-Z-X (x1) X-A-D-E-F-G-H-J-C-Z-Y (x1)	1 Medium Lap 1 Large Lap	4000
	Senior Vet Women & V65 Men	12,00	S1	S1-B-G-H-J-C-Z-X (x1) X-A-D-E-F-G-H-J-C-Z-X (x1) X-A-D-E-F-G-H-J-C-Z-Y (x1)	1 Medium Lap 2 Large Lap	6500
8	U/17 Men	12,30	S2	S2-A-D-E-F-G-H-J-C-Z-X (x1) X-A-D-E-F-G-H-J-C-Z-X (x1) X-A-S1-B-G-H-J-C-Z-Y (x1)	2 Large Laps 1 Medium Lap	6500
	Senior & Vet Men	12,30	S2	S2-A-D-E-F-G-H-J-C-Z-X (x1) X-A-D-E-F-G-H-J-C-Z-X (x2) X-A-D-E-F-G-H-J-C-Z-Y (x1)	4 Large Laps	10000

Small S1-B-C-Z-X 400m Medium S1-B-G-H-J-C-Z-X 1500m Large S2-A-D-E-F-G-H-J-C-Z-X 2500m X-A-S1 100m

Races 1 to 7 start in the same place Point S1.

Races 8 start at Point S2