

SYCAA League 19/11/23

Order & Timing of Events for Winterhill, XC League Fixture 2

Event No.	Age Group	Proposed Laps	Approx distance	Time	
1	Girls 8, 9,10	1 Small	1550m	11.00	start
2	Boys 8, 9, 10	1 Small	1550m	11.10	approx
3	Girls Under 13	2 Small	3100m	11.15	approx
4	Girls Under 15	2 Small	3100m	11.25	approx
5	Boys Under 13	1 Small, 1Medium	3350m	11.35	approx
6	Boys Under 15	2 Medium	3700m	11.45	approx
	Ladies Under 17	2 Medium	3700m	11.45	approx
7	Ladies Over 17	3 Large	6300m	12.00	start
	Men 65 and Over	3 Large	6300m	12.00	start
8	Men Under 17	1 Small, 2 Large	5700m	12.30	start
	Men Over 17	1 Small, 4 Large	9900m	12.30	start

SMALL LAP = A – C – D – F – G – H
 MEDIUM LAP = A – C – D – E – F – G – H
 LARGE LAP = A – B – C – D – E – F – G – H

- Races will be started before the conclusion of the preceding events
- Races with the same start time start together
- The programme of events should be complete by 13.30