

SYCAA CROSS COUNTRY LEAGUE 2023

Sunday 19^h November Winterhill, Rotherham

Location of Venue

Winterhill Park is behind Winterhill School on High Street, Kimberworth S61 2BD

How to Get There

Winterhill Park is accessible from J34 or J35 of the M1 or from Rotherham

Parking

There is parking at Winterhill School for vehicles and when this is full, please park considerately on the streets outside Winterhill Park. The car park at the school will be open from 8am to 2.30pm. If your car is not out of the school car park by 2.30pm then it will be locked in until Monday. Car sharing to cut down on the number of cars would be gratefully appreciated.

Refreshments

There are no refreshment facilities in the park.

Toilets

There will be 4 portable toilets at the park.

About the courses

The terrain is mostly cut parkland grass, but there will be one or two sections where the grass is longer. The terrain is generally undulating with the long lap having the steepest hill. Near the top of the course by the school there is a small stream ditch to cross. On the long lap there is one narrow section which has two muddy steps to rejoin the lap at C. There are a couple of sections with hardcore paths but the course will be wide enough to mostly run on the grass to the side of the paths.

Other Important Information

We are short of two officials and without them we can not get the fixture to happen. If you could help with number recording on the day please email Simon Pike on spikeypikey71@gmail.com

U17 girls will race with the U15 boys in race 6 starting at about 11.45

A gentle reminder that if you have any medical issues, please fill in the back of your race number as first aiders need to know of any issues if they need to treat you on the day.

You must not wear headphones or devices that allow you to listen to music as you need to be able to hear the instructions of marshals and other users of the area.

If a junior drops out of the race then they need to report to the finish area to inform officials