

SYCAA CROSS COUNTRY LEAGUE 2023

Sunday 29th October Longley Park, Sheffield

Location of Venue

Longley Park is 3 miles to the north of Sheffield city centre, in an area just north of Northern General Hospital. It is bounded by Crowder Road to the south west, Longley Lane and Barnsley Road (A6135) to the south east and Elm Lane to the north.

How to Get There

From Sheffield city centre several buses visit the park. The nearest railway station is Chapeltown and frequent buses go from there with stops very close to the park. There are entrances on all sides of the park. The postcode for Longley Sixth Form College, at the far east corner of the park is **S5 2QA**

Parking

There is one small car park, off Crowder Road. This will be for the use of officials and marshalls, which means that all parking is on surrounding streets. Please park considerately and be aware of the access needs of local residents.

Refreshments

There are no refreshment facilities in the park.

Toilets

There will be 4 portable toilets in the small car park off Crowder Road.

About the courses

The terrain is mostly cut parkland grass, but there will be one or two sections where the grass is longer and although the start field is flat, the terrain is generally undulating with one fairly steep hill. There will be one or two path crossings on each lap, but the paths are not wide. After rain, some sections of the course can be muddy.

Other Important Information

We are short of officials and without them we can not get the fixture to happen. If you could help with number recording on the day please email Simon Pike on spikeypikey71@gmail.com

The clocks go back on sunday so you can have a slightly more relaxed morning before the cross country

U17 girls will race with the senior ladies in race 7 at 12.00

A gentle reminder that if you have any medical issues please fill in the back of your race number as first aiders need to know of any issues if they need to treat you on the day.

You must not wear headphones or devices that allow you to listen to music as you need to be able to hear the instructions of marshals and other users of the area.

If a junior drops out of the race then they need to report to the finish area to inform officials