

**Sunday 15th October**  
**Clifton Park, Rotherham**

**Location of Venue**

Clifton Park is very close to the centre of Rotherham, bounded by Clifton Lane to the west, Middle Lane to the east and Doncaster Road to the north. From both the bus station and train station it is about a 1 km walk to the park and regular service buses go past the park.

**How to Get There**

The postcode for the museum at the top of the park is **S65 2AA**. The start/finish area is close to this.

**Parking**

There are two car parks in the park, both are pay & display car parks. One is located off Doncaster Road at the bottom (North) end of the park. This is the biggest. The second is located adjacent to the museum and is accessed via Clifton Lane. There is a small amount of on street parking around the park. There is a multi-storey car park nearby on Drummond Street / Nottingham Street, about 500m from the start area for the cross country events. This is free on Sundays. If you are parking on surrounding streets, be aware of the access needs of local residents.

**Refreshments**

There is a café in the museum at the top of the park. On a Sunday its opening times can be variable, so please do not depend on it.

**Toilets**

There will be 4 portable toilet units in the car park at the top of Clifton Park, close to the start/finish area. In the past we have been able to use toilets in the Garden House (the single storey building close to the start/finish). This will NOT be possible for this fixture as there is a Wedding Fayre taking place there.

**About the courses**

All the terrain is well-cut parkland grass, with one or two path crossings on each lap. There are several short hills, one of two of which are quite steep. Also, be aware that there will be a number of other users of the park on the day.

**Important Additional Information**

As this is the first fixture of the season, the distances for Senior/Vet runners are shorter than at other fixtures. c.8000M for U20/Senior/Vet Men and c.5000m for U20/Senior/Vet Women. The distances for all other age groups remain the same.

U17 Women and U15 boys will be in race 6 starting at 11.45ish due to the U17 women and Over 17 women having different distances and laps.