

				sy-cat	ev1	ev2	ev3	best	next	sum
Hallamshire Harriers AC	318	Jessica	Thake	FU11	1	1	1	1	1	2
Hallamshire Harriers AC	337	Neela	Watkinson	FU11	2	2	2	2	2	4
Hallamshire Harriers AC	308	Amelia	Burbeary	FU11	3	4	3	3	3	6
Hallamshire Harriers AC	340	Isobel	Maxwell	FU11	5	3	4	3	4	7
Hallamshire Harriers AC	306	Elsa	Treherne	FU11	4	5		4	5	9
Hallamshire Harriers AC	316	Essie	McGarrigle	FU11	6	6		6	6	12
Rotherham Harriers AC	596	Mia	Williams	FU11	7	7	5	5	7	12
Rotherham Harriers AC	616	Annabelle	Sheen	FU11	16	8	6	6	8	14
Penistone FPR & AC	555	Vita	Kunicka-Holda	FU11	8	9	8	8	8	16
Hallamshire Harriers AC	303	Matilda	Godden	FU11		11	7	7	11	18
Hallamshire Harriers AC	300	Phoebe	Farrington	FU11	10		9	9	10	19
Sheffield Tri Club	778	Charlie	Rimmer	FU11	9	10	12	9	10	19
Doncaster AC	163	Millie	Taylor	FU11	14	12	11	11	12	23
Rotherham Harriers AC	617	Rosie	Sheen	FU11	15	15	10	10	15	25
Hallamshire Harriers AC	301	Taylor	Baum	FU11	12	14		12	14	26
Penistone FPR & AC	556	Heidi	Morley	FU11	11	17		11	17	28
Hallamshire Harriers AC	302	Kaelyn	Needham	FU11	13	16		13	16	29
Penistone FPR & AC	557	Grace	Revitt	FU11		18	13	13	18	31

				sy-cat	ev1	ev2	ev3	best	next	sum
Rotherham Harriers AC	613	Maya	Schofield	FU13	1	1	1	1	1	2
Rotherham Harriers AC	594	Esme	Milbourne	FU13	3	2		2	3	5
Rotherham Harriers AC	633	Hayley	Bacon	FU13		3	2	2	3	5
Hallamshire Harriers AC	339	Matilda	Withycombe	FU13	2	5	6	2	5	7
Rotherham Harriers AC	593	Rosalie	Bailey	FU13	4	4	3	3	4	7
Rotherham Harriers AC	601	Esther	Lovell	FU13	6	7	4	4	6	10
Hallamshire Harriers AC	311	Freya	Hill	FU13	5	6		5	6	11
Barnsley AC	27	Abigail	Andrews	FU13	7	8	5	5	7	12
Hallamshire Harriers AC	333	Millie	Brenard	FU13	8	9	7	7	8	15
Barnsley AC	28	Isobel	Guirey	FU13	9	10	8	8	9	17
Penistone FPR & AC	554	Robin	Liddell	FU13	10		9	9	10	19
Penistone FPR & AC	553	Onnee	Turner	FU13	11	11	10	10	11	21

				sy-cat	ev1	ev2	ev3	best	next	sum
Rotherham Harriers AC	607	Graihagh	Turner	FU15	2	2	1	1	2	3
Rotherham Harriers AC	612	Katie	Battle	FU15		1	2	1	2	3
Rotherham Harriers AC	590	Harper	Tompkin	FU15	3	3	5	3	3	6
Hallamshire Harriers AC	310	Lisha	Jackson	FU15	4	4	4	4	4	8
Hallamshire Harriers AC	305	Iolanthe	Cooper	FU15	5	6	6	5	6	11
Hallamshire Harriers AC	330	Katie	Leese	FU15	7	5		5	7	12
Rotherham Harriers AC	618	Martha	Hazlehurst	FU15	6	7		6	7	13
Doncaster AC	170	Imogene	Horsemann	FU15	8	8	7	7	8	15

				sy-cat	ev1	ev2	ev3	best	next	sum
Hallamshire Harriers AC	1340	Gabriella	Brown	FU17	1	1	2	1	1	2
Rotherham Harriers AC	1325	Millie	Powell	FU17	3		4	3	4	7
Hallamshire Harriers AC	1332	Casey	Musgrave	FU17	4		5	4	5	9

				sy-cat	ev1	ev2	ev3	best	next	sum
University of Sheffield	889	Isobel	Russell	FU20	1		1	1	1	2

				sy-cat	ev1	ev2	ev3	best	next	sum
Worksop Harriers & AC	952	Frederica	Richards	FS	1	3	1	1	1	2
Steel City Striders	822	Abbie	Pearse	FS	2	1	2	1	2	3
Hallamshire Harriers AC	277	Laura	Robertson	FS		2	4	2	4	6
Penistone FPR & AC	507	Ruby	Sykes	FS	3	4	3	3	3	6
Hallamshire Harriers AC	278	Jenny	Evans	FS	5	5		5	5	10
Hallamshire Harriers AC	280	Chloe	Potter	FS	4		6	4	6	10

Hillsborough & Rivelin RC	363	Jenny	Cartmell	FS	10	6	5	5	6	11
Hallamshire Harriers AC	271	Evie	Brailsford	FS	6	12	9	6	9	15
Hillsborough & Rivelin RC	402	Leanne	Lacey	FS		7	8	7	8	15
Rotherham Harriers AC	619	Emma	Parkinson	FS	8	9		8	9	17
Steel City Striders	818	Hannah	Mainprize	FS		10	7	7	10	17
Rotherham Harriers AC	611	Mel	Driver	FS	9	11		9	11	20
Steel City Striders	799	Gillian	Allen	FS	7		16	7	16	23
Rotherham Harriers AC	604	Abbie	Smith	FS	11	15	13	11	13	24
Steel City Striders	796	Sarah	Thorne	FS	15	13	11	11	13	24
Worksop Harriers & AC	956	Hannah	Miller	FS	13		14	13	14	27
Hallamshire Harriers AC	279	Alice	Gamble	FS		16	12	12	16	28
Hillsborough & Rivelin RC	376	Bridie	McDonald	FS	16	22	17	16	17	33
Hillsborough & Rivelin RC	362	Hannah	Butcher	FS	18	17	26	17	18	35
Rotherham RC	680	Rebecca	Friar	FS	17		18	17	18	35
Rotherham Harriers AC	606	Nicole	Norton	FS	21	27	19	19	21	40
Sheffield RC	706	Madeleine	Davis	FS	19	21	21	19	21	40
Hallamshire Harriers AC	272	Lucy	Farquhar	FS	22	19		19	22	41
Team Manvers	857	Shannon	Hardcastle	FS	20	23	22	20	22	42
Kimberworth Striders	1056	Rebecca	Larkin	FS	23	29	20	20	23	43
Kingstone Runners	493	Bronte	Randall	FS	25	20		20	25	45
Hillsborough & Rivelin RC	399	Laura	Jones	FS	26		27	26	27	53
Team Manvers	843	Rebecca	Parkin	FS		28	25	25	28	53
Hallamshire Harriers AC	283	Ellie	Crownshaw	FS		32	23	23	32	55
Killamarsh Kestrels	990	Sam	Wilson	FS	29	26		26	29	55
Worksop Harriers & AC	955	Madi	Spencer	FS	31		28	28	31	59
Hillsborough & Rivelin RC	447	Emma	Clements	FS		30	30	30	30	60
Hillsborough & Rivelin RC	379	Hannah	Farrell	FS	32		29	29	32	61
Sheffield RC	731	Sarah	Kimpton	FS	33	33	31	31	33	64
Sheffield RC	727	Elizabeth	Wood	FS	34	31		31	34	65
Hillsborough & Rivelin RC	430	Charlotte	Wade	FS	36	34		34	36	70
Sheffield RC	738	Jessica	Rowan	FS		37	33	33	37	70
Rotherham RC	690	Honor	Hamshaw	FS		38	34	34	38	72

					sy-cat	ev1	ev2	ev3	best	next	sum
Steel City Striders	805	Caroline	Brock	FV35	1		1	1	1	1	2
Totley AC	863	Laura	Allen	FV35	2		2	2	2	2	4
Totley AC	865	Jenny	Featherstone	FV35	5	1	4	1	4	5	5
Barnsley AC	30	Vicky	Shaw	FV35	7	2	5	2	5	7	7
Totley AC	867	Caz	Kay	FV35	6	5		5	6	11	11
Hillsborough & Rivelin RC	367	Julia	Cobham	FV35	9	7	6	6	7	13	13
Steel City Striders	807	Claire	Grisdale	FV35		8	7	7	8	15	15
Steel City Striders	839	Laura	Mella	FV35	11		8	8	11	19	19
Hillsborough & Rivelin RC	366	Emma	Clossick	FV35	3	17		3	17	20	20
Steel City Striders	808	Claire	Wren	FV35	14		9	9	14	23	23
Doncaster AC	161	Justyna	Felczerek	FV35	19	14	10	10	14	24	24
Danum Harriers	114	Jenny	Burton	FV35	13	12		12	13	25	25
Killamarsh Kestrels	987	Annie	Morton	FV35	16	13	13	13	13	26	26
Dronfield RC	230	Lucy	Taylor	FV35	20		11	11	20	31	31
Hillsborough & Rivelin RC	360	Gillian	Burgon	FV35	21		12	12	21	33	33
Sheffield RC	722	Helen	Anayiotos	FV35	18	16		16	18	34	34
Kingstone Runners	495	Marie	Hemingway	FV35	28	20	17	17	20	37	37
Totley AC	862	Helen	Cain	FV35	23		14	14	23	37	37
Danum Harriers	94	Laura	Clark	FV35	22	18		18	22	40	40
Kimberworth Striders	1058	Rebecca	Stocks	FV35	26		15	15	26	41	41
Dronfield RC	228	Sarah	Ward	FV35	27		16	16	27	43	43
Kimberworth Striders	1052	Lauren	Corcoran	FV35	24	19		19	24	43	43
Rotherham RC	693	Ania	Omafuyaire	FV35	34	28	18	18	28	46	46
Rotherham RC	681	Vicki	Beckitt	FV35	35	30	19	19	30	49	49
Sheffield RC	735	Louise	Woffindin	FV35	30	24		24	30	54	54
Barnsley Harriers	67	Anna	Gaughan	FV35	31	26		26	31	57	57

Sheffield Tri Club	770	Helen Clare	Fulson	FV35	29	29		29	29	58
Wakefield Tri Club	916	Sarah	Poole	FV35	32	27		27	32	59
				sy-cat	ev1	ev2	ev3	best	next	sum
Sheffield RC	710	Helen	Elmore	FV45	1	1		1	1	2
Hillsborough & Rivelin RC	409	Natalie	Neville	FV45	2	2		2	2	4
Steel City Striders	830	Fiona	Jeffries	FV45	5	3	1	1	3	4
Sheffield RC	711	Deborah	Richards	FV45		6	4	4	6	10
Penistone FPR & AC	522	Suzanne	McGill	FV45		8	3	3	8	11
Steel City Striders	811	Jacqui	Herring	FV45	9	4		4	9	13
Hillsborough & Rivelin RC	425	Karen	Stevens	FV45		9	5	5	9	14
Steel City Striders	833	Caroline	Greenough	FV45	12	7	7	7	7	14
Rotherham RC	676	Claire	Chapman	FV45	11	5		5	11	16
Sheffield Tri Club	767	Margaret	Duncan	FV45	10		6	6	10	16
Totley AC	869	Elizabeth	Carthy	FV45	8		9	8	9	17
Rotherham RC	683	Sarah	Millns	FV45	15	11		11	15	26
Sheffield Tri Club	772	Louise	Maxwell	FV45		16	10	10	16	26
Danum Harriers	100	Lynn	Hutchinson	FV45	17	10		10	17	27
Valley Hill Runners	897	Jayne	Grayson	FV45	23	15	12	12	15	27
Hillsborough & Rivelin RC	438	Lizzie	Rowe	FV45	14		14	14	14	28
Barnsley AC	34	Faye	Lund	FV45	16	20	13	13	16	29
Rother Valley Swallows	581	Paula	Hughes	FV45	21	12		12	21	33
Barnsley Harriers	62	Clare	Atkinson	FV45		19	15	15	19	34
Rotherham RC	994	Louise	Siddall	FV45	20	17	18	17	18	35
Hillsborough & Rivelin RC	358	Tamsin	Buck	FV45	22	14		14	22	36
Valley Hill Runners	907	Amanda	Knagg	FV45	18	18		18	18	36
Rotherham RC	694	Joanne	Rayner-Johnson	FV45	24	22	16	16	22	38
Danum Harriers	97	Joanne	Derx	FV45	19	21		19	21	40
Worksop Harriers & AC	953	Sally	Bulmer	FV45	27	24	17	17	24	41
Team Manvers	851	Angela	Parkin	FV45	32	26	19	19	26	45
Kingstone Runners	483	Claire	Wilkinson	FV45	30		20	20	30	50
Danum Harriers	104	Melissa	Massarella	FV45	28	23		23	28	51
Kimberworth Striders	1051	Tina	Medlock	FV45	31		21	21	31	52
Rotherham RC	684	Louise	Taylor	FV45	33	27		27	33	60
Doncaster Tri Club	208	Jodie	Lockwood	FV45	34	28		28	34	62
Doncaster Tri Club	203	Rose	Fells	FV45	35	29		29	35	64
				sy-cat	ev1	ev2	ev3	best	next	sum
Barnsley AC	35	Gail	Colville	FV55	1		1	1	1	2
Penistone FPR & AC	523	Julia	Johnson	FV55		1	2	1	2	3
Steel City Striders	801	Kate	Scott	FV55	2	2		2	2	4
Totley AC	874	Liz	Dally	FV55	4	3	3	3	3	6
Worksop Harriers & AC	954	Cathy	Mhembere	FV55	5		5	5	5	10
Guests - Ripon	1082	Angela	Benson	FV55	6		4	4	6	10
Hillsborough & Rivelin RC	404	Rhona	Leadbetter	FV55	7	4	8	4	7	11
Wakefield Tri Club	921	Diane	Simmons	FV55		5	9	5	9	14
Doncaster AC	146	Julie	Cull	FV55	9	7	12	7	9	16
Valley Hill Runners	1012	Judith	Kippax	FV55	11	6	11	6	11	17
Doncaster Tri Club	202	Mandy	Ashton	FV55	12	8		8	12	20
Sheffield Tri Club	768	Dawn	Biram	FV55	10		10	10	10	20
Valley Hill Runners	903	Judith	Mallon	FV55		11	14	11	14	25
Steel City Striders	814	Jo	Gleig	FV55	14	12		12	14	26
City of Sheffield Dearne	969	Caroline	Fuller	FV55	13		13	13	13	26
Kingstone Runners	485	Tracy	Wright	FV55	18	15	15	15	15	30
Rotherham RC	678	Marisa	Sedgwick	FV55	16	14		14	16	30
Kingstone Runners	486	Jill	Johnson	FV55	19		16	16	19	35
				sy-cat	ev1	ev2	ev3	best	next	sum
Totley AC	866	Patricia	Goodall	FV65	1	1		1	1	2

2 Dash	961	Helen	Elleker	FV65	2	2		2	2	4
Sheffield Tri Club	765	Sallyanne	Smith	FV65	3	3	2	2	3	5
Valley Hill Runners	896	Margaret	Steer	FV65		4	3	3	4	7
				sy-cat	ev1	ev2	ev3	best	next	sum
Totley AC	875	Yvonne	Twelvetree	FV70	1	1		1	1	2
				sy-cat	ev1	ev2	ev3	best	next	sum
Hallamshire Harriers AC	313	Jacob	Dawe	MU11	1	1	1	1	1	2
Rotherham Harriers AC	592	Edward	Rose	MU11	2	2	2	2	2	4
Hallamshire Harriers AC	338	Jasper	Kerr	MU11	3	3	4	3	3	6
Sheffield Tri Club	777	Oscar	Tuckett	MU11	4	4	5	4	4	8
Rotherham Harriers AC	589	Jude	Bilham	MU11	6	12	6	6	6	12
Rotherham Harriers AC	609	Yven	Turner	MU11	5	7	8	5	7	12
Rotherham Harriers AC	632	James	Douglas	MU11		5	7	5	7	12
Doncaster AC	153	Billy	Mathson	MU11	7	6		6	7	13
Barnsley AC	39	Alfie	Pleasants	MU11	9	9		9	9	18
Doncaster AC	156	Harry	Tomlinson	MU11		10	9	9	10	19
Doncaster AC	164	Alexander	Dunn	MU11	8	13		8	13	21
Rawmarsh Runners	572	Scott	Andrews	MU11	10	11		10	11	21
Doncaster AC	144	Oliver	Harding	MU11	11	15	11	11	11	22
Doncaster AC	177	William	James	MU11	12	14		12	14	26
Doncaster AC	178	Henry	James	MU11	13	16		13	16	29
				sy-cat	ev1	ev2	ev3	best	next	sum
Hallamshire Harriers AC	319	Thomas	Thake	MU13	1	1	1	1	1	2
Hallamshire Harriers AC	314	Toben	Ugonna	MU13	2		2	2	2	4
Hallamshire Harriers AC	304	Eddie	Hannay	MU13	3	4	3	3	3	6
Rotherham Harriers AC	623	Harry	Orr	MU13	7	2	4	2	4	6
Hallamshire Harriers AC	299	Will	Siggs	MU13	5	3	8	3	5	8
Hallamshire Harriers AC	315	Finlay	MacKenzie	MU13	6	5	5	5	5	10
Hallamshire Harriers AC	328	Beau	Pronesti	MU13		7	6	6	7	13
Rotherham Harriers AC	600	Sebastian	Johnson	MU13	10	6		6	10	16
Hallamshire Harriers AC	336	William	Clark	MU13		10	7	7	10	17
Rotherham Harriers AC	597	Riley	Welton-Seymour	MU13	9	8	9	8	9	17
Hallamshire Harriers AC	307	Elliot	Hargreaves	MU13		12	10	10	12	22
Rotherham Harriers AC	603	Robson	Hughes	MU13	11	11		11	11	22
Doncaster AC	158	Thomas	Oldacre	MU13	12	13		12	13	25
Doncaster AC	171	Kian	Brown	MU13	13	15		13	15	28
Rotherham Harriers AC	620	Archie	Woolley	MU13	14	16		14	16	30
				sy-cat	ev1	ev2	ev3	best	next	sum
Rotherham Harriers AC	634	Mikey	Bacon	MU15		1	1	1	1	2
Doncaster AC	151	Max	Fox	MU15	2	2		2	2	4
Penistone FPR & AC	551	Tadek	Kunicka-Holda	MU15	3	3		3	3	6
Hallamshire Harriers AC	332	Evan	Shkul	MU15		5	2	2	5	7
Rotherham Harriers AC	625	Rocco	Hughes	MU15	4	4		4	4	8
Barnsley AC	26	Joe	Cox	MU15	5	7	4	4	5	9
Doncaster AC	162	Alexander	Felczerek	MU15	7	8	6	6	7	13
Penistone FPR & AC	550	Flynn	Rodgers	MU15	6	10	8	6	8	14
Sheffield Tri Club	776	Daniel	Eastwood	MU15	8	9	7	7	8	15
				sy-cat	ev1	ev2	ev3	best	next	sum
Rotherham Harriers AC	1333	Jonson	Hughes	MU17	1	1		1	1	2
Hallamshire Harriers AC	1330	Jonah	Cooper	MU17	3		1	1	3	4
Worksop Harriers & AC	1311	Ethan	Ellery	MU17	5	5	3	3	5	8
Doncaster AC	1313	Euan	Carroll	MU17	8		2	2	8	10
Rotherham Harriers AC	1335	George	Ellis	MU17	4	6		4	6	10
Doncaster AC	1314	Alex	Hodkinson	MU17	6	7	5	5	6	11

Rotherham Harriers AC	1326	Connor	Clarke	MU17	9		4	4	9	13
Rotherham Harriers AC	1329	Jack	Williams	MU17	7	8	6	6	7	13
Penistone FPR & AC	1316	Oliver	France	MU17	10	9		9	10	19

				sy-cat	ev1	ev2	ev3	best	next	sum
Rotherham Harriers AC	626	Josh	Gilbert	MU20	6	1	1	1	1	2
Penistone FPR & AC	509	George	Parr	MU20	5	2	2	2	2	4
Doncaster Tri Club	207	Samuel	Lockwood	MU20	8	3		3	8	11

				sy-cat	ev1	ev2	ev3	best	next	sum
Hallamshire Harriers AC	269	Euan	Brown	MS	1	1		1	1	2
Hallamshire Harriers AC	247	John	Birch	MS	3		3	3	3	6
Penistone FPR & AC	506	Kai	Sunman	MS	6	4	5	4	5	9
Hallamshire Harriers AC	259	Kieron	Sexton	MS	5	6		5	6	11
Hallamshire Harriers AC	263	Alex	Mason	MS		7	7	7	7	14
Hallamshire Harriers AC	252	Christian	Battersby	MS	7	8		7	8	15
Hallamshire Harriers AC	254	Thomas	Harrison	MS		10	9	9	10	19
Sheffield RC	750	Joe	Sweetnam-Powell	MS		9	10	9	10	19
Worksop Harriers & AC	941	Thomas	Shaw	MS	9	12	13	9	12	21
Maltby RC	500	Luke	Davis	MS		11	11	11	11	22
Rotherham Harriers AC	621	James	Mellor	MS	8	14	14	8	14	22
Hillsborough & Rivelin RC	353	John	Boden	MS		13	16	13	16	29
Kingstone Runners	491	Jordan	Millar	MS	15	15		15	15	30
Barnsley Harriers	71	Adam	Chambers	MS	14	20	17	14	17	31
Kimberworth Striders	1064	Arron	Larkin	MS	13	19	19	13	19	32
Hillsborough & Rivelin RC	418	Hal	Roberts	MS	16		18	16	18	34
University of Sheffield	892	Oscar	Devine-Wright	MS	19		15	15	19	34
Hillsborough & Rivelin RC	410	Matthew	Noble	MS	17	21		17	21	38
Hillsborough & Rivelin RC	354	Peter	Boden	MS		17	22	17	22	39
Hallamshire Harriers AC	256	Joshua	Panthradil	MS	18		23	18	23	41
Hillsborough & Rivelin RC	414	Christopher	Parkes Bowen	MS	20		21	20	21	41
Steel City Striders	787	Robert	Cook	MS	26	23	20	20	23	43
Kingstone Runners	492	Luke	Lloyd	MS	24	22		22	24	46
University of Sheffield	891	Angus	Brownlie	MS	23		25	23	25	48
Kimberworth Striders	1050	Kieron	Cawkwell	MS	27	26		26	27	53
Worksop Harriers & AC	943	Henry	Brady	MS	30	24		24	30	54
Worksop Harriers & AC	949	Dominic	Ayton	MS		28	27	27	28	55
Kingstone Runners	482	David	Lovatt	MS	34	29	28	28	29	57
Kimberworth Striders	1073	Tom	Burns	MS	35	31	29	29	31	60
Doncaster Tri Club	205	Harry	Samson	MS	36	32	30	30	32	62
Askern DRC	3	Ashley	Young	MS	39	33		33	39	72
Handsworth Roadhogs	345	Jason	Horsfall	MS	40	36		36	40	76

				sy-cat	ev1	ev2	ev3	best	next	sum
Sheffield RC	708	David	Millns	MV35	1	1		1	1	2
Barnsley Harriers	61	Paul	Johnson	MV35	2	5	1	1	2	3
Rotherham Harriers AC	599	Aidan	Johnson	MV35	3	6	2	2	3	5
Sheffield RC	729	Keith	Swainson	MV35	4	2	9	2	4	6
Hillsborough & Rivelin RC	375	Alex	Day	MV35	10	3	4	3	4	7
Rotherham Harriers AC	622	Gareth	Sampson	MV35	5	4	5	4	5	9
Sheffield Tri Club	780	Marc	Daigneault	MV35		7	6	6	7	13
Sheffield RC	707	Aaron	Francis	MV35	8	8	7	7	8	15
Hillsborough & Rivelin RC	377	Adam	Dunajko	MV35	7	9	10	7	9	16
Totley AC	868	Charles	Baker	MV35	6	12		6	12	18
Doncaster AC	160	Mariusz	Felczerek	MV35	11	13	13	11	13	24
Hillsborough & Rivelin RC	443	Ben	Burrell	MV35		18	8	8	18	26
Hillsborough & Rivelin RC	369	Jonathan	Cooper	MV35	16	15	12	12	15	27
Sheffield RC	737	Fred	Vellacott	MV35	14	14		14	14	28
Kingstone Runners	489	Brent	Carlin	MV35	13		16	13	16	29

Killamarsh Kestrels	991	Paul	Unsworth	MV35	19		14	14	19	33
Steel City Striders	791	Louis	Wood	MV35	17	25	17	17	17	34
Steel City Striders	825	Paul	Middlemas	MV35	18	16		16	18	34
Worksop Harriers & AC	942	Matthew	Daly	MV35	12	22		12	22	34
Sheffield RC	748	Stuart	Scott	MV35	15	20		15	20	35
Dronfield RC	222	Matthew	Payne	MV35	20	19		19	20	39
Hillsborough & Rivelin RC	365	Thomas	Clifford	MV35	21	23		21	23	44
Totley AC	880	Aidan	Linskill	MV35		26	18	18	26	44
Barnsley Harriers	66	Gus	Thomson	MV35	29		22	22	29	51
Hillsborough & Rivelin RC	403	Mark	Lawton	MV35	32		19	19	32	51
Steel City Striders	823	Daniel	Bent	MV35	23	28		23	28	51
Hillsborough & Rivelin RC	419	James	Rose	MV35	27	27		27	27	54
Rotherham RC	692	Neil	Grocutt	MV35		33	21	21	33	54
Steel City Striders	795	Malcolm	Baggaley	MV35	25	32		25	32	57
Barnsley Harriers	73	Richard	Spooner	MV35	24	34		24	34	58
Steel City Striders	793	Richard	Carter	MV35		38	20	20	38	58
Hillsborough & Rivelin RC	392	John	Himsworth	MV35	34	41	25	25	34	59
Sheffield RC	736	Christopher	Moss	MV35	30	29		29	30	59
Steel City Striders	838	Sergei	Shkul	MV35	37	40	24	24	37	61
Sheffield RC	744	Stephen	Davison	MV35	28	36		28	36	64
Doncaster AC	173	Mark	Harding	MV35	41	48	26	26	41	67
Penistone FPR & AC	518	Daniel	Limb	MV35	38	61	30	30	38	68
Steel City Striders	828	James	Fulcher	MV35	31	37		31	37	68
Sheffield Tri Club	758	Pete	Osborne	MV35	44		27	27	44	71
Valley Hill Runners	906	Neil	White	MV35	46	53	29	29	46	75
Totley AC	881	Nick	Brimacombe	MV35	33	43		33	43	76
Steel City Striders	835	Paul	Remmer	MV35	50	52	28	28	50	78
Hillsborough & Rivelin RC	386	Gareth	Hague	MV35	35	46		35	46	81
Wakefield Tri Club	917	Matt	Poole	MV35	40	42		40	42	82
Doncaster Tri Club	201	Ben	Clark	MV35	39	44		39	44	83
Worksop Harriers & AC	947	Adam	Jonczyk	MV35	51		36	36	51	87
Hillsborough & Rivelin RC	364	David	Chambers	MV35		55	33	33	55	88
Kimberworth Striders	1061	Christopher	Keeler	MV35		56	32	32	56	88
Barnsley Harriers	70	Anthony	Bissell	MV35	55	58	34	34	55	89
Kimberworth Striders	1065	David	Stocks	MV35	54		35	35	54	89
Team Manvers	853	Jonathan	Batty	MV35	42	49		42	49	91
Sheffield RC	709	Richard	Ward	MV35	43	51		43	51	94
Barnsley Harriers	64	David	Howes	MV35		64	37	37	64	101
Hillsborough & Rivelin RC	383	Glynn	Graham	MV35	48	54		48	54	102
Hillsborough & Rivelin RC	361	Matthew	Burgon	MV35	47	59		47	59	106
Barnsley AC	37	Shaun	Pickersgill	MV35	52	57		52	57	109
Sheffield Tri Club	761	Addam	Darnell	MV35	49	60		49	60	109
Worksop Harriers & AC	945	David	Bulmer	MV35	53	62		53	62	115
Valley Hill Runners	904	Kevin	Randall	MV35	57	63		57	63	120

				sy-cat	ev1	ev2	ev3	best	next	sum
Barnsley Harriers	65	Alan	Ford	MV45	1	1	1	1	1	2
Rotherham Harriers AC	605	Matthew	Parker	MV45	2	2	2	2	2	4
Rotherham RC	691	John	Hackleton	MV45	4	6		4	6	10
Kimberworth Striders	1059	Kevin	Doyle	MV45	9	7	4	4	7	11
Hallamshire Harriers AC	250	Jon	Slate	MV45	7		5	5	7	12
Sheffield RC	732	Philip	Johnson	MV45	10		3	3	10	13
Doncaster AC	141	Martin	James	MV45	8	8	6	6	8	14
Hillsborough & Rivelin RC	351	Simon	Bennett	MV45	6		12	6	12	18
Sheffield RC	726	James	Thompson	MV45	11		7	7	11	18
Kimberworth Striders	1074	Shaun	Wright	MV45	17	12	8	8	12	20
Steel City Striders	789	Chris	Lawson	MV45	12		9	9	12	21
Sheffield RC	753	Pez	Holda	MV45		9	14	9	14	23
Sheffield Tri Club	756	Matt	Reed	MV45	22	14	11	11	14	25
Sheffield Tri Club	760	Robert	Engledow	MV45	15	15	10	10	15	25

Sheffield RC	718	Charlie	Elliot	MV45	16	10		10	16	26
Killamarsh Kestrels	988	Philip	Morgan	MV45	13	13		13	13	26
Steel City Striders	788	Alex	Shepherd	MV45		16	13	13	16	29
Steel City Striders	797	Neil	Schofield	MV45	19	11		11	19	30
Steel City Striders	794	Ian	Stinson	MV45	24	19	15	15	19	34
Hillsborough & Rivelin RC	385	Chris	Guy	MV45	18	17		17	18	35
Kingstone Runners	481	Timothy	Webster	MV45	26	21	18	18	21	39
Hillsborough & Rivelin RC	433	Jamie	Wilkes	MV45	29	25	17	17	25	42
Steel City Striders	806	Tom	Bassindale	MV45	23	22		22	23	45
Hillsborough & Rivelin RC	411	Daniel	Palmer	MV45	27	20		20	27	47
Handsworth Roadhogs	342	Ben	Allen	MV45	25	23		23	25	48
Hillsborough & Rivelin RC	373	Andrew	Davies	MV45	30	18		18	30	48
Doncaster AC	147	Simon	Parkin	MV45	32	28	23	23	28	51
Penistone FPR & AC	526	Matthew	Coldwell	MV45		32	21	21	32	53
Kingstone Runners	488	Adrian	Gough	MV45	34		20	20	34	54
Totley AC	864	Chris	Day	MV45	35		19	19	35	54
Worksop Harriers & AC	946	Chris	Lawrence	MV45	36	29	25	25	29	54
Danum Harriers	98	Ben	Hales	MV45	33	26		26	33	59
Doncaster Tri Club	209	Martin	Smithurst	MV45		37	22	22	37	59
Hillsborough & Rivelin RC	407	James	Mason	MV45	39	35	26	26	35	61
Penistone FPR & AC	514	Paul	Fryers	MV45	42	34	27	27	34	61
Doncaster AC	152	Stephen	Fox	MV45	38	24		24	38	62
Steel City Striders	804	Tom	Cossham	MV45	40		29	29	40	69
Valley Hill Runners	898	Chris	Grayson	MV45	41	33		33	41	74
Kingstone Runners	487	Stephen	Holder	MV45	46	43	32	32	43	75
Rotherham RC	687	Nick	Brown	MV45	49		30	30	49	79
Sheffield Tri Club	757	Matt	Dunbar	MV45	48	49	33	33	48	81
Steel City Striders	824	Lee	Mills	MV45	44	38		38	44	82
Sheffield RC	717	Peter	Robertshaw	MV45	43	42		42	43	85
Sheffield RC	721	Neal	Matthews	MV45	51		34	34	51	85
Hallamshire Harriers AC	317	Trevor	Brenard	MV45	47	39		39	47	86
Kingstone Runners	484	Ian	Wilkinson	MV45	52		35	35	52	87
Kingstone Runners	490	Paul	Conlan	MV45	45	44		44	45	89
Kimberworth Striders	1072	Michael	Jackson	MV45	50	47		47	50	97

					sy-cat	ev1	ev2	ev3	best	next	sum
Doncaster AC	175	Simon	Wright	MV55	1	1			1	1	2
Sheffield RC	734	Chris	Ireland	MV55	3	2	1		1	2	3
Penistone FPR & AC	517	Matthew	Robinson	MV55	2	3	2		2	2	4
Doncaster AC	157	Andy	Forsyth	MV55	4		4		4	4	8
Sheffield RC	713	Jed	Turner	MV55	5	4			4	5	9
Steel City Striders	815	Terry	Byrne	MV55	6	5	7		5	6	11
Kimberworth Striders	1067	Colin	Earl	MV55	11	8	3		3	8	11
Kingstone Runners	494	David	Lloyd	MV55	10	6	6		6	6	12
Penistone FPR & AC	511	Mark	Law	MV55	8	7			7	8	15
Penistone FPR & AC	510	Andrew	Shelbourne	MV55	9	11	8		8	9	17
Totley AC	870	Mick	Crookes	MV55		9	9		9	9	18
Sheffield Tri Club	763	Nick	Tripp	MV55	15	10	13		10	13	23
Sheffield RC	742	Gary	Podmore	MV55	13	15	11		11	13	24
Steel City Striders	790	Paddy	Treehowes	MV55	16		10		10	16	26
Team Manvers	841	Neil	Mower	MV55	12	14			12	14	26
Danum Harriers	111	Kevin	Taylor	MV55	14	13			13	14	27
Hillsborough & Rivelin RC	422	Michael	Slater	MV55	17	18			17	18	35
Kimberworth Striders	1062	Brian	Miranda	MV55	19	16			16	19	35
Sheffield Tri Club	774	Mike	Bridges	MV55	20		16		16	20	36
Dronfield RC	224	Andy	Britton	MV55		21	17		17	21	38
Killamarsh Kestrels	1014	Kenny	Turner	MV55		20	20		20	20	40
Valley Hill Runners	899	Michael	Savage	MV55		24	19		19	24	43
Killamarsh Kestrels	989	Kevin	Rowles	MV55	21	23			21	23	44
Team Manvers	856	Phil	Barker	MV55		25	21		21	25	46

Doncaster Tri Club	210	Mick	Fells	MV55	23	26		23	26	49
Barnsley AC	33	Raymond	Archer	MV55	25	28		25	28	53
				sy-cat	ev1	ev2	ev3	best	next	sum
Kimberworth Striders	1063	Steven	Lowndes	MV65	1	1	1	1	1	2
Doncaster AC	150	Kevin	Newman	MV65		2	2	2	2	4
Sheffield RC	719	Robert	Pearson	MV65	2	3		2	3	5
Sheffield RC	720	Les	Morton	MV65	3	4	3	3	3	6
Sheffield RC	715	Mike	Quinn	MV65	4	5		4	5	9
Doncaster AC	149	Mick	Page	MV65	6	6	4	4	6	10
Handsworth Roadhogs	341	Chris	Horsfall	MV65	5	7	5	5	5	10
Rotherham RC	32	Dave	Allembly	MV65	8	9	6	6	8	14
Sheffield RC	712	Malcolm	taylor	MV65	7	11	7	7	7	14
Penistone FPR & AC	515	Nick	Whittingham	MV65	9	12	9	9	9	18
Penistone FPR & AC	516	Stuart	Smith	MV65		10	8	8	10	18
Rotherham RC	679	Stuart	Frith	MV65	11		10	10	11	21
				sy-cat	ev1	ev2	ev3	best	next	sum
Sheffield Tri Club	762	Bob	Pringle	MV70	1	1		1	1	2
Hallamshire Harriers AC	1081	Paul	Keen	MV70	2	2		2	2	4
Barnsley Harriers	68	Paul	Wheatley	MV70	4	3		3	4	7
				sy-cat	ev1	ev2	ev3	best	next	sum
Rotherham Harriers AC	587	Bob	Tintinger	MV75	1	1	1	1	1	2
Sheffield RC	752	Stephen	Tanner	MV75		2	2	2	2	4
Rotherham Harriers AC	615	Peter	Humphries	MV75	2		3	2	3	5
Barnsley AC	29	Rod	Scholes	MV75	3	3	4	3	3	6