

## SOUTH YORKSHIRE CROSS COUNTRY LEAGUE 31/10/2021 - PENISTONE SHOW GROUND

Event No	Event	Start Time	Start Point	Route	Description	Distance m
1	U/11 Girls	11,00	S	S-F-G-A-X (x1)	1 Medium Lap	1500
2	U/11 Boys	11,05	S	S-F-G-A-X (x1)	1 Medium Lap	1500
3	U/13 Girls	11,10	S	S-F-G-A-B (x1) B-C-F-G-A-X (x1)	2 Medium Lap	3100
4	U/15 Girls	11,20	S	S-F-G-A-B (x1) B-C-F-G-A-X (x1)	2 Medium Lap	3100
5	U/13 Boys	11,30	S	S-F-A-B (x1) B-C-F-G-A-B (x1) B-C-F-G-A-X (x1)	1 Small Lap 2 Medium Laps	3500
6	U/15 Boys	11,45	S	S-F-G-A-B (x1) B-C-D-E-F-G-A-X (x1)	1 Medium Lap 1 Large Lap	4000
7	U/17 Women	12,00	S	S-F-G-A-B (x1) B-C-D-E-F-G-A-X (x1)	1 Medium Lap 1 Large Lap	4000
8	Senior Vet Women & V65 Men	12,00	S	S-F-G-A-B (x1) B-C-D-E-F-G-A-B (x1) B-C-D-E-F-G-A-X (x1)	1 Medium Lap 2 Large Lap	6500
9	U/17 Men	12,30	B	B-C-D-E-F-G-A-B (x2) B-C-F-G-A-X (x1)	2 Large Laps 1 Medium Lap	6500
10	Senior & Vet Men	12,30	B	B-C-D-E-F-G-A-B (x3) B-C-D-E-F-G-A-X (x1)	4 Large Laps	10000

Small S-F-A-B 400m    Medium S-F-G-A-B 1500m    Large B-C-D-E-F-G-A-B 2500m    B-C 100m

Races 1 to 8 start in the same place Point S.

Races 9 & 10 start at Point B