

**Sunday 30 October 2022**

**Cannon Hall, Cawthorne, Barnsley**

#### **Location of Venue**

Cannon Hall Country Park is 4.5 miles from Junction 37 of the M1. The entrance is just off the A635, signed to Cannon Hall, on the unclassified road leading to High Hoyland.

#### **How to Get There**

From J37 of the M1, take the exit signed A628 Manchester. Turn R at the first roundabout after the motorway, turn L at the next roundabout soon after and R at the next on to Higham Lane. All this is within a mile of J37. Follow Higham Lane as it meanders back over the M1 and through Higham to traffic lights in Barugh Green (2.5 miles). You have met the A635. Turn L on to it travelling towards Huddersfield, under the M1, continuing past the signs into Cawthorne village until you see the sign for Cannon Hall. Turn right here and it is half a kilometre to the car park. If you intend to park in Cawthorne turn off at the Cawthorne signs.

#### **Parking**

Parking in the car park for Cannon Hall Country Park is pay and display and if the weather is good it can get full. Please try and car share where you can. They are getting a lot keener at chasing up anyone who has not paid, so be warned! It is **not** possible to park along the road leading to the car park. Extra parking is available at the garden centre or at the farm. Follow the directions of the car park marshall. Barnsley Council do not want any parking in Cawthorne Village

#### **Refreshments**

The Pavilion Cafe is a small café adjacent to the car park. They do drinks, sandwiches and cake. There is also a cafe at the garden centre.

#### **Toilets**

There will be 4 portable toilet units in the corner of the car park close to the start. There are also toilets at the side of the café.

#### **About the courses**

Cannon Hall is an undulating parkland area. The courses are almost entirely on well-cut grass, but the lowest part of the course has seen a lot of work this year and may be wetter and rougher than usual. Small sections can get wet, but overall the surface drains well.

#### **Other Information**

The clocks go back this weekend so make sure that you don't arrive 1 hour early for your race.

Head phones of any description including air buds are not allowed to be worn when racing and you will be disqualified by the race official if required. They are not to be worn to allow you to hear the instructions of the marshalls and to be aware of the other park users.