

**SYCAA League 30/10/2022**  
**Order & Timing of Events for Cannon Hall Fixture**

Event No.	Age Group	Laps	Approx distance	Time	
1	Girls 8, 9,10	1 Small	1500m	11.00	start
2	Boys 8, 9, 10	1 Small	1500m	11.10	approx
3	Girls Under 13	2 Small	3000m	11.15	approx
4	Girls Under 15	2 Small	3000m	11.25	approx
5	Boys Under 13	1 Small, 1 Medium	3600m	11.35	approx
6	Boys Under 15	2 Medium	4200m	11.50	approx
7	Ladies Under 17	2 Medium	4200m	12.00	start
	Ladies Over 17	3 Medium	6300m	12.00	start
	Men 65 and Over	3 Medium	6300m	12.00	start
8	Men Under 17	2 Long, 1 Short	6500m	12.30	start
	Men Over 17	4 Long	10,000m	12.30	start

- Races will be started before the conclusion of the preceding events
- The programme of events should be complete by 13.30