

SYCAA 'UP AND RUNNING' CROSS COUNTRY LEAGUE 2021

Sunday 12 December 2021

Graves Park, Sheffield

Location of Venue

Graves Park will be familiar to most of you and races will start from the pavilion. For those who have not been before, the entrance is at the junction of Derbyshire Lane and Hemsworth Road. Postcode for satnav, use **S8 8QE**.

How to Get There

Directions can be found on the Graves Park website: www.gravesparksheffield.info

Parking

Parking at and around Graves Park is poor. The small car park next to the pavilion is for marshalls and officials. Please do not use this. There will be NO parking along Hemsworth Road either from the traffic lights down to the pavilion. There is a car park next to the Rare Breeds centre off Hemsworth Road, but this quickly gets full. This means that parking is mainly on local roads. Please be considerate of local residents

Refreshments

The park has a café (The Rose Garden Cafe) about 250m from the pavilion. Follow the park signs to get there.

Toilets

There will be 4 portable toilet units situated close to the start area.

About the courses

The courses are on maintained park and grass. There are one or two crossings of tarmac paths. What the going is like will depend on how wet the ground is. Gradients are mostly not too steep but there are some longish up and down sections. There will be other users of the park, particularly on the paths.

Other information

Please follow any current government advice on coronavirus at the following website
[Coronavirus: how to stay safe and help prevent the spread - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/coronavirus)

Deadline for registration for new runners for the final race is Friday 10th December and these need to be with Judith by then.

Since the pavilion is not available for hiring there will only be presentations for championship runners for the age categories U17 or under on the day. Once the results have been processed then I will ensure each club will receive all of the trophies for individual league and championship races as well as team events as soon as possible.

Can runners when they have finished their race please move a decent distance away from the finish so that officials can carry out their duties. Can spectators also stay away from the finish area where officials are working.