

SOUTH YORKSHIRE CROSS COUNTRY LEAGUE 21/11/2021 – CAMPSALL PARK, DONCASTER

EVENT NO	EVENT	START TIME	ROUTE	DESCRIPTION	DISTANCE m
1.	U/11 GIRLS	11.05	a-e-c-d-a (x1)	1 medium lap	1500
2.	u/11 BOYS	11.05	a-e-c-d-a (x1)	1 medium lap	1500
3.	u/13 GIRLS	11.20	a-e-c-d-a (x2)	2 medium laps	3000
4.	u/15 GIRLS	11.20	a-e-c-d-a (x2)	2 medium laps	3000
5.	u/13 BOYS	11.30	a-e-d-a (x2) a-e-c-d-a (x1)	2 small laps 1 medium lap	3500
6.	u/15 BOYS	11.45	a-e-c-d-a (x1) a-b-c-d-a (x1)	1 medium lap 1 large lap	4300
7.	u/17 Women	12.00	a-e-d-a (x1) a-b-c-d-a (x1)	1 small lap 1 large lap	4300
8.	Senior vet w& v65 m	12.00	a-e-d-a (x1) a-b-c-d-a (x2)	1 small lap 2 large laps	6600
9.	u/17 Men	12.30	a-b-c-d-a (x2) a-e-c-d-a (x1)	1 medium lap 2 large laps	6600
10	Senior & vet men	12.30	a-b-c-d-a (x3) a-e-c-d-a (x1)	1 medium lap 3 large laps	9900

Small a-e-d-a 1000m Medium a-e-c-d-a 1500m Large a-b-c-d-a 2800m

All laps anti clockwise.

Races 1 & 2 Start together

Races 3 & 4 Start together

Races 7 & 8 Start together

Races 9 & 10 Start together