

Doncaster Athletic Club

CAMPSALL XC 27/10/19 - LAPS AND DISTANCES.

EVENT	AGE GROUP	APPROX. DISTANCE	TIME AND LAP DETAILS
1.	Girls 8,9 10	1450m	11am 1 Small Lap + 450m to the finish
2.	Boys 8,9,10	1450m	11am 1 Small Lap + 450m to the finish
3.	Girls u/13	2950m	11.15am 1 Small, 1 Medium lap + 450m to the finish
4.	Girls u/15	2950m	11.25am 1 Small, 1 Medium lap + 450m to the finish
5.	Boys u/13	3250m	11.35am 1 Large lap + 450m to the finish
6.	Boys u/15	4250m	11.50am 1 Small, 1 Large lap + 450m to the finish
7	Ladies u/17	4250m	12.00 1 Small lap, 1 Large lap + 450m to the finish
	Ladies o/17	7050m	12.00 1 Small lap, 2 Large laps + 450m to the finish
	Men 65+	7050m	12.00 1 Small lap, 2 Large laps + 450m to the finish
8	Men u/17	7500m	12.30pm 1 Medium lap, 2 Large laps + 450m to the finish
	Men O/17	9850m	12.30pm 1 Medium lap, 3 Large laps + 450m to the finish

Small lap in red -1000m - AEDA
 Medium Lap in blue 1500m - AECDA
 Large lap in yellow 2800m - ABCDA

All laps run anticlockwise.

Event 1 starts at 11am

Event 7 starts at 12.00 midday

Event 8 starts at 12.30pm

All other start times are approximate